# **4v4 Youth Soccer Field**





### **Duration of Game:**

U5 - U6 = Four 5-minute periods. Halftime break U7 - U8 = Four 8 minute periods. Halftime break 2 minute periods with 5 minute halftime break.

### The Goals:

Maximum 4 feet high and 6 feet wide.

### The Ball:

A size 3 ball is used for U5- U8 games.

## The Players:

Numbers: 4 per team on field; one of no goalkeeper. 7 maximum on roster.

Substitutions: as needed.

Playing Time: Minimum of 50% play time

**Teams:** Separate girls and boys teams should be

promoted at all levels of play.

Coach Certified: Grassroots Intro thru 4v4. Reccomend USSF D - lic

Safe Sport Certified: Child Protection

**CDC Concussion Certified:** Concussion Awareness

**Annual Volunteer Background Check: Safety** 

#### Contacts:

For Coaches: coaches@ogdensoccer.com For Fields: fields@ogdensoccer.com For Safety: safety@ogdensoccer.com

Gerneral support: support@ogdensoccer.com

Find more soccer information at www.OgdenSoccer.com